

### **Biblical Summary - Change**

- ❖ God demands change ([Eph. 4:17](#)).
  - God demands change from a feeling-motivated lifestyle to commandment-motivated living.
  - God effects this change by renewing the image ruined by the fall ([Eph. 4:20-24](#)).
    - The Holy Spirit has been given to renew us.
    - This renewal is in knowledge, righteousness, and holiness (cf. [Col. 3:5-11](#)).
- ❖ God effects the change by enabling us to put off the old man: (1 Corinthians 6:9-11)
  - The old man is the former manner of life that is habituated in our response patterns.
  - God want you to put on the new-man, which is a new biblical manner of life with new habitual patterns to replace the old.
- ❖ God provides scriptural alternatives.
  - Change is two-factored.
    - It is not breaking habits alone, but also replacing them.
    - You must focus on both.
    - An examples of alternatives (put off and put on--change) is found in [Eph. 4:25](#) (put off lying and put on speaking the truth).
    - Also, in [1 Pet. 3:9](#) you are exhorted to put off returning evil and put on returning good.
- ❖ It is your task to discover the biblical alternatives and if necessary get help to replace old patterns with the new ones.